



Western Bay of Plenty
Primary Health Organisation

TŪNGIA TE URURUA KIA TUPU
WHAKARITORITO TE TUPU
O TE HARAKEKE

Our kaupapa

Te Toi Huarewa striving to achieve whai mana (equity), whai ora (quality healthcare) and whai rangatiratanga (sustainability) for all.

Our values

Whai Mana Achieving health equity for all, particularly for Māori.

Whanaungatanga Inclusiveness and a sense of belonging.

Manaakitanga Caring and showing respect for each other.

Mana Motuhake Enabling people to be in control of their own health and wellbeing.

Whai Ihi Expressing passion pertaining to our knowledge and expertise.

Position Title: Health Improvement Practitioner Integrated Primary Mental Health and Addictions (IPMHA)

I am responsible for delivering the Integrated Primary Mental Health and Addictions service as part of a multi-disciplinary team, located within General Practice, providing enhanced access and choice for patients within this environment.

Addressing inequity is a key focus of the service.

This new integrated model of care enables patients requiring behavioural change services/support and to move seamlessly between primary care, NGO, Health NZ/Māori Health Authority, and other community supports.

I report to and support the Programme Manager - Integrated Primary Mental Health, and Addictions.

The everyday mahi

I will work within general practice as a regular team member, delivering brief, consultation-based services to general practice team members and general practice patients. I will provide brief evidence-based behavioural interventions to individuals, groups, and families for both mental health and

physical health conditions in people of all ages utilising an integrated 'Model of Care'. I will provide enhanced access and choice for patients within the general practice environment.

Key activities include:

- Working with other Mental Health staff, Health Coaches, Health Improvement Practitioners within Bay of Plenty to refine and improve the services delivered.
 - Developing and maintaining excellent relationships across the WBOP PHO, the wider health sector and with other key stake holders that ensures highly effective communication and ensuring linkages are developed and maintained.
 - Developing and maintaining a close working relationship with the Practice Nurse(s) and the General Practices', Health NZ, and Māori Health Authority.
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Outcomes I'm responsible for

- Referrals in and out of the GP Practice.
- Ensure clear documentation of all general practice related activity is up to date.
- Clear and concise notes that comply with established standard are entered within practice's Patient Management System and all required client-related information and activities are recorded.
- A patient-centred assessment will be undertaken at the first point of contact. This will be a holistic assessment as per the Te Pou training/model of care.
- Participation in project-related workforce development and coaching.
- Active contribution to evaluation and refinement of the HIP behavioural approach.
- Partnership with the practice's is evidenced.
- A collaborative working relationship is formed with NGOs, Health NZ, MHA, working with the general practice as a part of this project.
- Knowledge of and a collaborative working relationship is formed with local community agencies.
- Assistance with care coordination and access to outside resources is provided as needed.
- Managing legal and ethical issues related to wellbeing in a supportive and collaborative manner.
- Acts according to and abides by WBOP PHO policy and procedures, legislation, and principles of Governing professional body.
- Attending and contribution to IPMHA team meetings.
- Engaging in continuing skills development and regular supervision.
- Seeking appropriate professional and collegial support.
- Ensuring that the work is done in a safe environment.
- Reporting and working to eliminate, isolate or minimise any hazards.
- Participating in health and safety management practices.

- Acting in accordance with the organisation's health and safety policies and procedures.
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I'll bring to the role

- Skills, knowledge, and attitudes for culturally safe practices are demonstrated.
- A knowledge of the Health Improvement Practitioner role and ability to implement the model.
- Provision of self-management support, bridging the gap between clinician and the client, helping clients navigate the health care system, offer support, and serve as a continuity figure.
- A collaborative approach when working with others.
- Effective organisational and time management skills.
- Effective communicator across a range of mediums.
- A strong equity focus, by ensuring care is client-focussed and planned with regards to individual cultural needs.
- Skills to assist with care coordination and access to outside resources, is provided as needed.
- Good organisational, and time management skills.
- The capacity to learn quickly and to adapt to ever changing situations.
- The ability to provide brief psychological interventions and the ability to deliver talking therapy modalities such as FACT, CBT etc.