



Western Bay of Plenty  
Primary Health Organisation

TŪNGIA TE URURUA KIA TUPU  
WHAKARITORITO TE TUPU  
O TE HARAKEKE

## Our kaupapa

Te Toi Huarewa striving to achieve whai mana (equity), whai ora (quality healthcare) and whai rangatiratanga (sustainability) for all.

## Our values

**Whai Mana** Achieving health equity for all, particularly for Māori.

**Whanaungatanga** Inclusiveness and a sense of belonging.

**Manaakitanga** Caring and showing respect for each other.

**Mana Motuhake** Enabling people to be in control of their own health and wellbeing.

**Whai Ihi** Expressing passion pertaining to our knowledge and expertise.

## Position Title: Mental Health Services Registered Nurse

My position provides mental health assessment, screening, and interventions. I am responsible for ensuring clients referred to the CPO Mental Health Programme receive timely and appropriate care and support. A key component of my role is to develop and deliver psychoeducation workshops to patients within our community. I also provide mental health education to relevant health professionals on a day-to-day basis as well as in formal teaching settings.

I report to and support the Mental Health Program Lead.

## The everyday mahi

Includes:

- To receive patient referrals from health professionals to the Coordinated Primary Options Service (CPO).
- Utilise your clinical expertise to assess and triage patients to appropriate services, developing an appropriate treatment plan in partnership with the patient.
- Provide clinical care as required.

- To develop and deliver psychoeducation workshops to patients within our community.
  - Contribute to service delivery in the absence of any team member, this may be planned or unplanned.
  - Provide expert mental health advice and education to PHO practice partners and internal staff.
  - Liaise across the sector (Practices, Mental Health and Social services), as required to support patients seeking wellness.
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## Outcomes I'm responsible for

- Ensuring patients referred to the CPO Mental Health Programme receive appropriate, timely, care and support as indicated by their clinical presentation.
  - Development of appropriate treatment plans in partnership with patients; identification of appropriate community supports and referral on to other services as required.
  - Provision of psychological support and brief intervention to patients whom you have contact with.
  - The use of clinical tools and expert nursing knowledge to report and record in a timely manner.
  - Development and delivery of psychoeducation workshops.
  - Ensure cultural sensitivity and equity is maintained in the workplace and in nursing practice.
  - Appropriate referral to other relevant services to ensure the appropriate level of care is delivered according to the patients' needs and presentation supporting the patient's wellness.
  - Upholding professional standards by ensuring reports and other paperwork are completed in a timely, accurate and professional manner.
  - Ensure confidentiality is maintained where appropriate.
  - Recognition of individual responsibility for workplace Health & Safety under the Health and Safety at Work Act 2015. Health and Safety policies are read and understood, and relevant procedures applied to own work activities.
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## I'll bring to the role

- An expert, confident, Mental Health Practitioner with an ability to work independently across the sector.
- A working knowledge of the incorporation of the Treaty of Waitangi principles into everyday practice to contribute to the improvement of Māori Health status.
- Demonstrated ability to work in a culturally informed way.
- A commitment to the provision of equity in practice.
- An effective communication style across a range of mediums.

- Behave in a professional manner always, acting with dignity and fairness in dealing with others.
- Effective relationship management capability.
- Take responsibility for own Professional Development and identify and recommend learning needs to manager.